



THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS JOURNEY BOOKLET

CLIENT NAME

CLINICIAN



INTRODUCTION TO

Skin Retraction & Neocollagenesis

RF energy is used to induce deep tissue heating that causes a controlled thermal injury in the tissue, leading to new collagen formation, and renewed skin tightening.

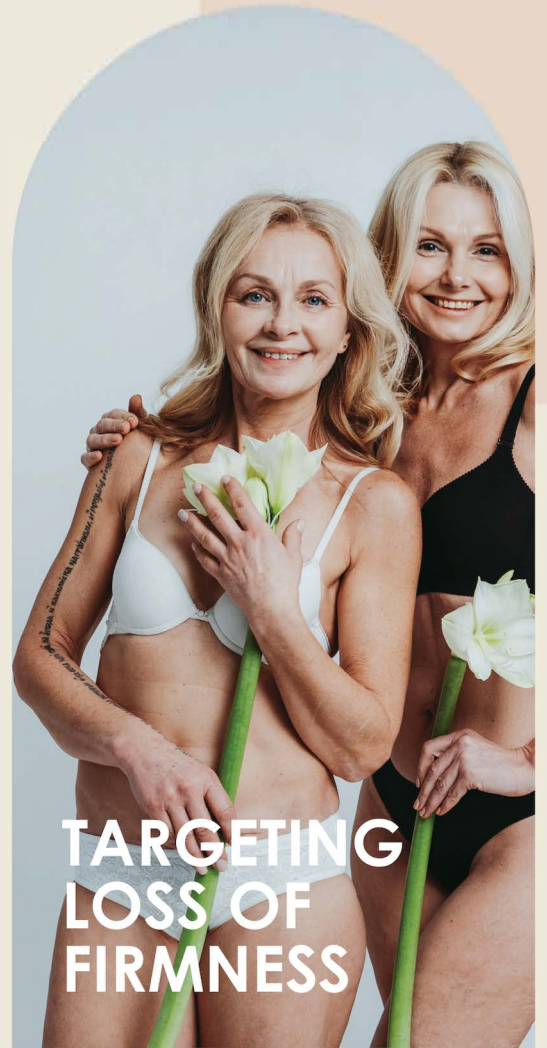
Indications

- Face and body areas where there is a loss of skin elasticity.
- Improving the appearance of lines and wrinkles.

Considerations

- A typical course involves once a week for 6-8 treatments.
- Thereafter, a full course of treatments may be needed once a year, according to individual needs and responses.
- Alternatively, a course of 3-4 treatments will be required every six months.
- Another option is to perform one maintenance treatment a month.

The suggested number of treatments may vary between individuals and areas.



Goals & Expectations

What are your treatment expectations?

In what time frame do you expect to reach your goals?



CONTRAINDICATIONS

SKIN RETRACTION & NEOCOLLAGENESIS

Please tick any of the below that apply to you:

- Contagious Skin Disorders / Diseases (Impetigo, Chicken Pox, Mumps)
- Inflammatory skin conditions
- Active Infections/viruses (cold sores)
- Skin Irritation / Rash / Open Lesions /Allergic Skin Reaction
- Impaired healing/ Abnormal Healing/ Keloid Scars
- Cancer, Chemotherapy, Radiation (within two years)
- Diabetes
- Autoimmune pathologies
- Immunosuppressive pathologies such as HIV or using immunosuppressive drugs
- Arrhythmias and Cardiac Disease
- Pacemaker or internal defibrillator
- Tan (fake)
- Sun exposure (within the past four weeks)
- Waxing, plucking (three days)
- Laser or IPL hair Removal, Electrolysis (within seven days)
- IPL/Laser Skin Treatment (within four weeks)
- Prescription-strength exfoliants (within the past two weeks)
- Isotretinoin (within the past six months)
- Photosensitizing medications (within the past two weeks)
- Blood thinners and haemophilia
- Metal plates or pins
- High/Low Blood Pressure
- Laser Treatment/Cosmetic Surgery (within 3 -6 months)
- Scars (less than 6 months old)
- Pregnancy and Breastfeeding
- Cosmeceutical Vitamin A, AHA's & BHA's, or Vitamin C (within the past 3 days)
- Hypoesthesia
- Epilepsy
- Feeling Unwell, Flu, Common Cold etc
- Smoking, Drinking & Drugs
- Allergies to Latex
- Weight Loss Medication (prescription and over-the-counter): Metformin / Duromine (Phentermine) / Saxenda (Liraglutide) / Orlistat (Xenical) / Juniper
- Tattoos, permanent makeup, and piercings at the treatment site



CONTRAINDICATIONS

SKIN RETRACTION & NEOCOLLAGENESIS

Please tick any of the below that apply to you:

- Vascular conditions (Varicose Veins or Deep Vein Thrombosis)
- Metabolic conditions (hypertriglyceridemia / hypercholesterolemia)
- Excess alcohol consumption
- Liver disease
- High Cholesterol
- Poor lymphatic system
- Dermabrasion, resurfacing and deep chemical peeling of the face three months before
- Botulinum toxin/collagen/fat transplant and other fillers in the treated area one month before treatment.
- High doses of cortisone.
- Children and adolescents.
- Active acne and nodular rosacea in the treatment area
- Hepatic disease
- Chronic disease
- Older / Inactive Client

Notes:

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Preparation

Pre-treatment preparation and post-treatment care are vital steps in your Skin Retraction & Neocollagenesis treatments. To ensure a safe treatment and to get the best results, please follow all advice provided and reach out to your treatment provider if you have any questions. Failure to follow the below advice may increase the risk of undesirable effects.

TREATMENT PREPARATION

DAILY

- A sunscreen with SPF 30 or greater should be applied to protect against UV damage.
- Follow your prescribed homecare routine as advised by your treatment provider.

4 WEEKS PRE-TREATMENT

- Avoid the use of fake tan and gradual tanning creams in the area to be treated.
- Avoid tanning and incidental sun exposure, including tanning beds/booths (including between treatments).
- Avoid Botox or filler injections in the treatment area.

2 WEEKS PRE-TREATMENT

- Prepare the skin with suitable skincare. This will include a tyrosinase inhibitor for Fitzpatrick Skin Types III + and any skin prone to post-inflammatory hyperpigmentation (PIHP). Your treatment provider will advise you of your skincare recommendations.
- Avoid prescription-strength exfoliant creams on the treatment area.

1 WEEK PRE-TREATMENT

- Avoid hair removal (waxing, threading, plucking, electrolysis).
- Avoid harsh exfoliation (AHA's, BHA's, mechanical exfoliants) and benzoyl peroxide application.

24 - 72 hours PRE-TREATMENT

Avoid Active Skincare ingredients (vitamins A & C).

48 hours PRE-TREATMENT

- Very gently exfoliate the treatment area.
- Shave the treatment area if required.

24 hours PRE-TREATMENT

- Avoid exercise, excessive sweating, hot showers, spas, saunas and pools (24 hours).

IMPORTANT

Throughout your treatment course, it is important to advise your treatment provider of any of the following:

- Sun exposure or fake tan application on the treatment area within the past 4 weeks
- Any new health conditions, or if you have been unwell
- Commencing any new medication (including short term doses)
- Changes to current medications or supplements
- If you are trying to become, or become pregnant



THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

What to Expect

DURING THE TREATMENT

- **Moderate warmth:** Some clients can feel mild warmth during this treatment. This is due to the constant movements/friction from the handpiece, along with the energy that the handpiece is emitting. Treatment should feel similar to a hot stone massage.
- **Tingling / Itchiness**

IMMEDIATELY AFTER THE TREATMENT

- Mild warmth and redness similar to a sunburn sensation
- Mild swelling
- Itchy or dry skin

Aftercare

DAILY:

1. Use sunscreen with SPF 30 or greater should be applied.
2. Avoid sun exposure to treated areas.
3. Follow your prescribed homecare routine as advised by your treatment provider.
4. Avoid picking at or peeling the skin.

FOR THE FIRST 24 HOURS POST-TREATMENT:

1. Avoid exercise, excessive sweating, hot showers, spas, saunas and pools.
2. Avoid makeup application.
3. Avoid hot showers and baths.
4. Avoid active Skincare ingredients (Vitamin A & C) (24-72 hours).
5. Application of chilled aloe vera gel if the area is warm or has small, red bumps. Replace with recommended skincare when the area is no longer warm and any small bumps have disappeared.
6. Do not cool the area with cold packs unless otherwise advised.

UP TO 1-WEEK POST-TREATMENT:

1. Avoid antiwrinkle injections and filler
2. Avoid exfoliation (AHA's, BHA's, mechanical exfoliants)
3. Avoid hair removal (waxing, threading, plucking, IPL)



IMPORTANT

- **Contact your treatment provider if you notice any unusual reactions**
- **Your treatment provider will advise your treatment schedule. It is important to adhere to this regime for best results.**
- **Maintenance treatments will be required and will be ongoing**

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS



Client Consent

POTENTIAL (RARE) SIDE EFFECTS

Skin Retraction & Neocollagenesis treatments are generally regarded as safe, effective treatments. However, in rare cases, unexpected results can arise, including:

- Extreme redness
- Extreme swelling
- Extreme heat
- Extreme sensitivity
- Blisters
- Burns
- Scarring, which may be permanent
- Pigmentation changes
- Cold sores and acne outbreaks
- Temporary tingling and/or itchiness of the skin

Please contact your treatment provider immediately if you experience any of these responses.

PLEASE SIGN

I, _____ certify that the information contained within this document is true and correct and that I have been advised and fully informed of the procedure and the nature of the process discussed, along with all risks, responses and pre and post-care instructions. I hereby authorize and direct my treatment provider to perform such services as prescribed.

My signature below acknowledges that:

- I have read, understand, and fully agree to the treatment and product prescription.
- I understand the risks and contraindications for the treatments that have been prescribed.
- I give consent to the prescribed treatments that has been satisfactorily explained to me and my questions have been addressed.
- I hereby give my consent and authorization for my treatment provide to carry out the prescribed services. I release this organisation and its therapists of any claims that I have or may have in the future in connection with the described application or service.

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

CLINICIAN USE ONLY:
Use the skin condition code to tag conditions in the various zones of the face, neck & decolletage.

Baseline Skin Analysis

Skin Type:

- D: Dry
- O: Oily
- COM: Combination
- N: Normal

Ageing:

- LE: Loss Of Elasticity
- DW: Dynamic Wrinkles
- SW: Static Wrinkles

Pigmentation:

- SL: Solar Lentigo
- SK: Solar Keratosis
- F: Freckles
- PHI: Post Inflammatory
- HPO: Hypopigmentation
- M: Melasma

Vascular:

- T: Telangiectasia
- R: Redness
- BC: Broken Capillaries
- RC: Rosacea
- CA: Cherry Angioma

Acne:

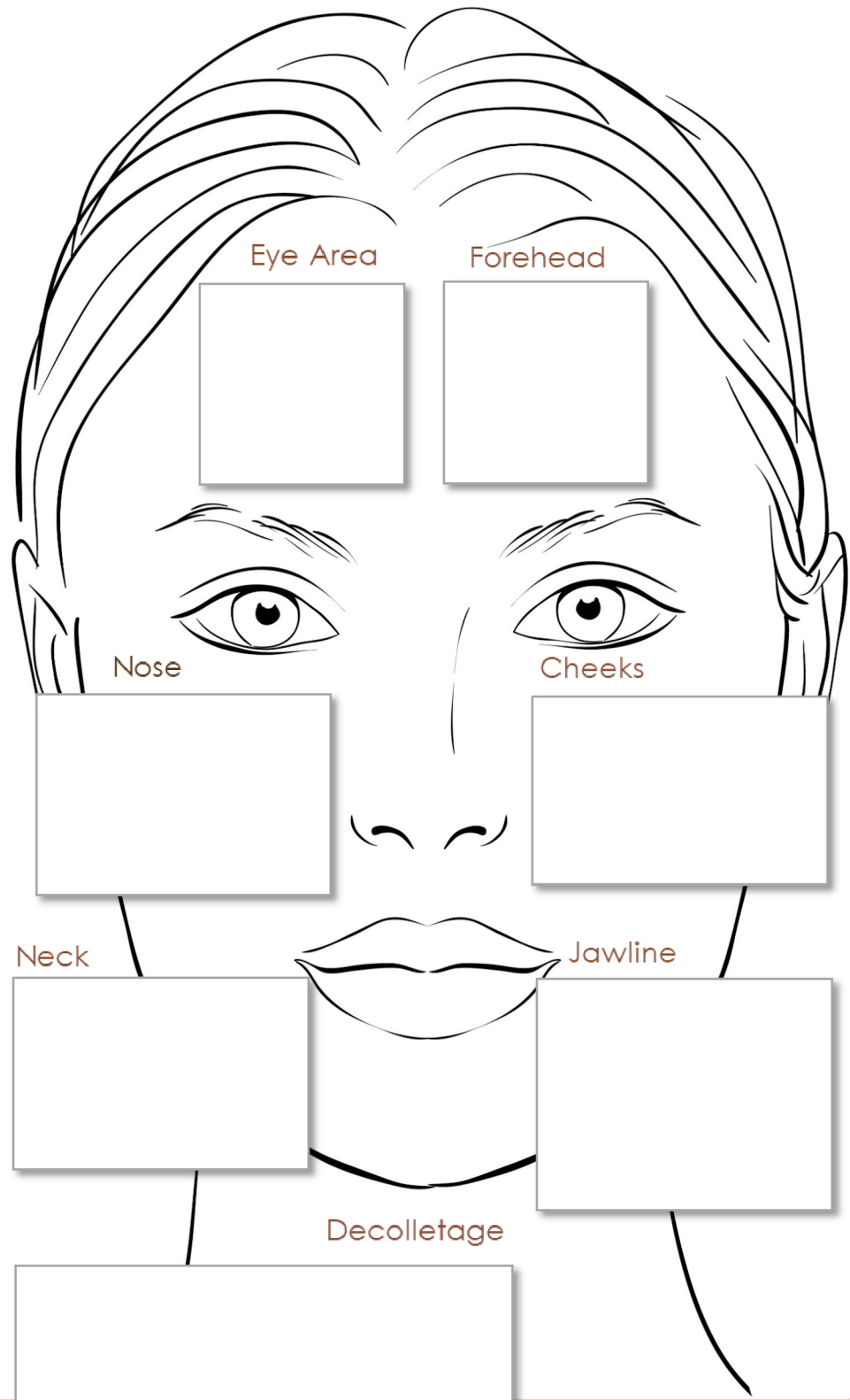
- P: Papules
- PU: Pustules
- C: Cysts
- CO: Congestion
- IA: Inflamed Acne
- EP: Enlarged Pores

Hair Growth:

- THG: Terminal Hair Growth
- VHG: Vellus Hair Growth
- DC: Dark Color
- BC: Blonde Colour
- RC: Red Colour
- GC: Grey Colour

Other:

- UT: Uneven Texture
- ST: Scar Tissue
- F: Filler
- B: Botox
- CT: Cosmetic Tattoo
- S: Sensitised
- DH: Dehydrated
- IB: Impaired Barrier



THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

CLINICIAN USE ONLY:
Use the skin condition code to tag conditions in the various zones of the body.

Baseline Skin Analysis

Aging:

- LE: Loss Of Elasticity
- DW: Dynamic Wrinkles
- SW: Static Wrinkles

Pigmentation:

- SL: Solar Lentigo
- SK: Solar Keratosis
- F: Freckles
- PHI: Post Inflammatory
- HPO: Hypopigmentation

Vascular:

- T: Telangiectasia
- R: Redness
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Acne:

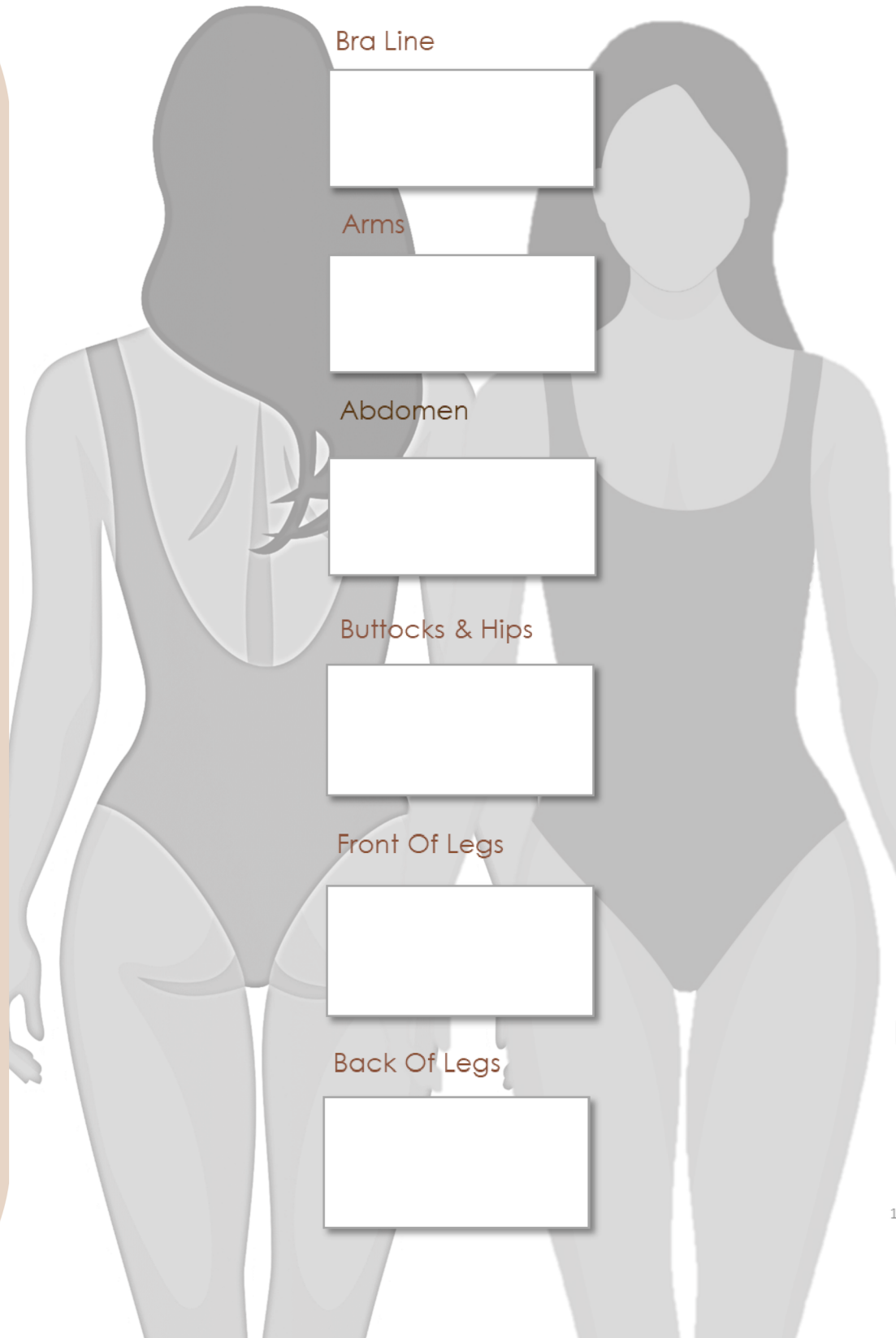
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Other:

- UT: Uneven Texture
- ST: Scar Tissue
- S: Sensitised
- DH: Dehydrated
- IB: Impaired Barrier
- KP: Keratosis Pilaris
- IH: Ingrown Hairs
- C: Cellulite
- SM: Stretch Marks
- FR: Fluid Retention
- T: Tattoo



THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 1

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 2

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 3

Client Full Name _____

Client Signature _____ Date _____

Witness Signature _____ Date _____

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 4

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 5

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 6

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 7

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 8

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 9

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 10

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 11

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION

THUZZLE SKIN RETRACTION & NEOCOLLAGENESIS

Treatment Record & Client Consent

CLIENT CONSENT

TREATMENT 12

Client Full Name

Client Signature Date

Witness Signature Date

PHOTOS TAKEN & FILED

TREATMENT PARAMETERS

CLINICIAN USE ONLY

Output Level:

Clinical Endpoint
Temperature:

Handpiece:

- Tetra
- Triple
- Double
- Single

Areas Treated:

Number of
sections treated:

Total Treatment
Time:

SKIN & BODY CARE PRESCRIPTION

LIFESTYLE PRESCRIPTION

NOTES

DEEP LIPOLYSIS & LOCALISED FAT REDUCTION