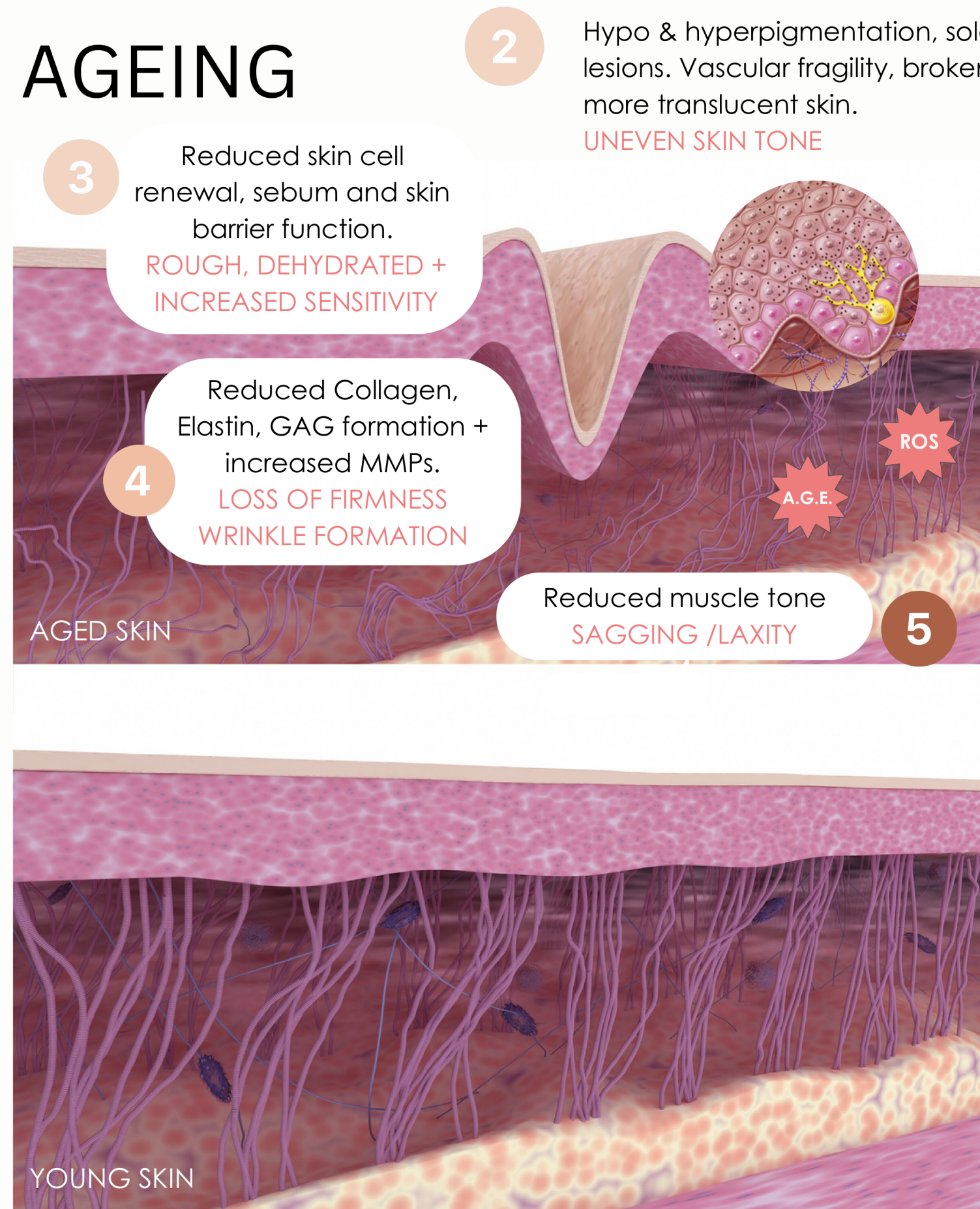


# Understanding SKIN AGEING

- 1 INHIBIT TRIGGER FACTORS WHERE POSSIBLE & USE ANTIOXIDANTS AND SPF.
- 2 INHIBIT  $\alpha$ -MSH, TYROSINASE SYNTHESIS & MELANIN TRANSFER. EXFOLLATE THE SKIN WITH HYDRODERMBRASION OR TOPICAL EXFOLIANTS. STRENGTHEN VASCULARITY WITH THE USE OF RETINOL, LED, CIT. REMOVE BROKEN CAPILLARIES AND ANGIOMAS WITH IPL.
- 3 INCREASE SKIN CELL RENEWAL WITH HYDRODERMBRASION OR TOPICAL EXFOLIANTS + ENHANCE BARRIER FUNCTION AND HYDRATION WITH EFA, CERAMIDES, LIPIDS, HA & SODIUM PCA + LED.
- 4 STUMLATE COLLAGEN ELASTIN AND GAG FORMATION USING LED, IPL, CIT, RF AND SONOPHORESIS INFUSION OF ACTIVE COSMECEUTICALS THAT ALSO TARGET GLYCATION & REDUCE MMP ACTIVITY.
- 5 MICROCURRENT, HIFU.



- 1 Environmental exposure, particularly the sun, pollutants, smoking, drugs, alcohol, high GI diet, chronic inflammation and stress.  
**EXTRINSIC TRIGGERS**  
Natural slowing down of body processes or chronological ageing is also influenced by genetics.  
**INTRINSIC TRIGGERS**

Scan this QR code to see your short IPL Photo Rejuvenation explainer video

